

Board: Keewatin Patricia District School Board

Mental Health Leadership Team Members: Candice Kerkermeier, KPDSB Mental Health Lead & Chantal Moore, KPDSB Superintendent of Education, Special Education, and Mental Health

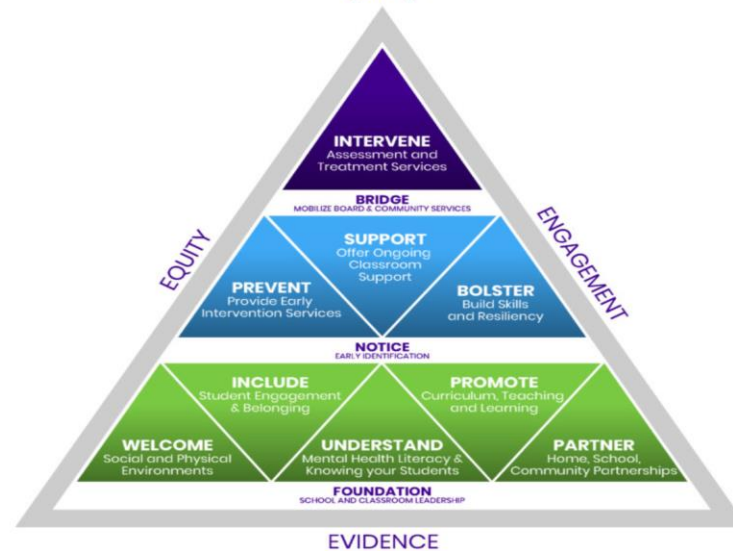
Priorities for a Mentally Healthy Return to School (Do these address the identified needs? Where is there alignment with your MHA Strategy and Action Plan?)						
Priority #1	A mentally healthy return to school for all students which includes a re-engagement of students back into the classroom. Educators continue to create a safe, welcoming, and inclusive learning space for all students. Creating a sense of belonging and mentally healthy return to school following a period of remote learning. Mobilizing focused support for those disproportionately impacted by COVID-19.					
Priority #2	Identify and address emerging and escalating student mental health problems. Using TIERs for supporting student mental health, ensuring students are connected to additional mental health services when required.					
Priority #3	Ensure elementary and secondary educators, school support staff and mental health champions feel equipped to intentionally and explicitly support student mental health in the classroom with implementing of SMHO materials and resources.					
Priority #4	Students and parents/caregivers have access to resources that supports student mental health throughout the school year and ongoing through the global pandemic. Ensure access to resources to support mental health during COVID-19.					
	Key Activities	Audience	Timeline	Indicators of Success	AIM Tier	Resources SMHO and Board
Priority #1	System level messaging including safety and well-being as top priorities for KPDSB	ALL STAFF	Ongoing	Continued reference in staff memos, system communication and professional development	ALL	BOARD
	External Community Agency Protocol	External Community Partners providing mental health services in schools or virtually	Sept/Oct	Updated protocol completed and signed and returned protocol from all community partners	ALL	BOARD

	Transition Support for re-engagement of students	At Risk Students / Students not enrolled	Summer/ Sept	Increased enrollment and re-engagement of students into school		
	Trauma Informed Approach, additional supports for students disproportionately impacted by COVID-19.	All staff	Ongoing		ALL	BOARD
	Educators will prioritize 15 minutes a week to SMHO virtual field trips and use SMHO return to school resources	Educators	Ongoing	Evidence of SMHO materials, resources and lesson plans directly in the classroom	1	BOARD SMHO <u>First Ten Days and Beyond</u> <u>SMHO Virtual Field Trips</u>
Priority #2	All schools create their own TIERed document for mental health services available in their school/community	Mental Health Champions, Student Counsellors and Administrators	Winter	Staff able to clearly explain the TIERed system for supporting student mental health Every school completed tiered document		
	Updated Life Promotion Suicide Prevention, and Intervention document	Mental Health Lead and Student Counsellors	Sept/Oct	All administration received updated life promotion, suicide prevention and intervention document. Promotion of Columbia training for administrators	2-3	BOARD SMHO Parent resources
	Continued partnerships with external agencies providing tier 3 mental health supports	BOARD/ FIREFLY/LHIN/ NODIN/KCA	Ongoing	Continued pathways and referrals for students experiencing complex, multilayer mental health concerns to community partners	3	BOARD COMMUNITY PARTNERS
Priority #3	Continued access to SMHO resources to	Mental Health Lead	Ongoing	Educators are able to easily identify SMHO resources for	1	BOARD

	support student mental health and well-being	Mental Health Champions		implementation in the classroom		
	Professional development, printing of resources, supplied directly in the classroom SMHO materials	Mental Health Lead	Ongoing	Implementation of and SMHO resources visually in every classroom	1	BOARD SMHO Virtual Field Trips SMHO Everyday Mental Health Classroom
	Student Counsellor support directly in the classroom	Student Counsellors and Classroom Teachers	Ongoing	Referrals to student counsellors for direct support in the classroom in implementing SMHO virtual field trips (deep breathing, muscle relaxation, visualization, distraction, thought changing, gratitude strategies)	1	BOARD
Priority #4	Successful Recruitment of School Based Mental Health Service positions	Mental Health Lead / SO / Human Resources	Summer / Sept	Red Lake Ear Falls Position Kenora Position Dryden Maternity Leave	ALL	BOARD
	Provide parents / caregivers with resources to support their child's mental health	Parents / Caregivers	Ongoing	Resources are made available and are accessible to all parents and caregivers. Added to family guide and school-based guides for families. New SMHO parent resources provided. Added to KPDSB website	1	<u>How to Support a Mentally Healthy Back to School for your Child</u> <u>SMHO Noticing Mental Health Concerns for your Child</u> <u>SMHO Parent Info Sheet Supporting Mental Health and Well-being During Return to School</u>

						<u>Suicide Prepare, Prevent, Respond</u>
	Increasing and identifying pathways/referral process for students with emerging mental health concerns	Principals, Mental Health Champions, Student Counsellors, Students, Student Trustees, Jack Chapters	Ongoing though our school year	Increased awareness of signs and symptoms of mental health concerns within students to watch for Identifying and creating pathways to care for students with emerging mental health concerns. Easily identifiable and accessible service both in school and remotely.	2-3	SMHO ONE CALL Desk Reference P/VP Referral Awareness KPDSB Mental Health Handbook

**Aligned & Integrated Model
(AIM)**





Framework for a Mentally Healthy Return to School

