

In Attendance: J. Malone (BBSS), S. McMenemy (DHS), L. Burry (ORS), P. Williams (ORS), T. Rundle (EGPS), A. Brenner (KGPS), S. Aubin (VVPS), D. Pacheco (DBO) NWHU: C. Socholotuck S.O.E: J. Lower Trustee: D. Head, M. Guitard Guest: C. Kerkermeier Secretary: J. LaFreniere		
Agenda Item	Discussion	Follow-Up
Chair of PIC Welcome Introductions Roll Call	Meeting called to order at 6:30 p.m.	
Approval of Agenda Date: November 8, 2021	Moved by: S. Aubin  Seconded by: T. Rundle  <b>CARRIED</b>	
Approval of Minutes Date: January 17, 2022	Moved by: S. Aubin  Seconded by: T. Rundle  <b>CARRIED</b>	
Business Arising from Minutes	None	
COVID 19 Update J. Lower	<ul style="list-style-type: none"> <li>3 ply masks were sent to schools for K – gr 12.</li> <li>Heppa filters have been sent out to schools that require them.</li> <li>Rapid Antigen test are being distributed to Child Care &amp; Elementary students and staff.</li> <li>Extracurricular activities are on pause at this time.</li> <li>Grade 3 – 12 students are to bring home devices each night.</li> </ul>	
Superintendent of Education Update J. Lower	<ul style="list-style-type: none"> <li>We are remaining in a Quadmester system.</li> <li>Reviewed de-streaming information.</li> <li>Reviewed School Survey link and information.</li> </ul>	
Election of Committee Chair J. Lower	<ul style="list-style-type: none"> <li>Call went out of Chair of the Board.</li> <li>Pame would co-chair.</li> <li>Doreen Armstrong-Ross has stated via email that she will be co-chair.</li> </ul>	Send out email to check for interest in the Chair position
PRO Grants Review J. Lower	<ul style="list-style-type: none"> <li>Evergreen requested \$1,000 for Family Swim Events</li> <li>Beaver Brae requested \$2500 for Spring Pow Wow</li> <li>Valleyview requested \$3486.00 Trade-U-cation</li> <li>Red Lake High School requested \$3000 to enhance the Community Garden</li> <li>Dryden High School requested \$1000 for Body Image and Mental Health</li> </ul> <p>Vote held: Agreed upon and passed.</p> <p>A suggestion was made to create packages for the new and upcoming JK students to utilize the remaining funds.</p>	Follow up on this idea

<p>Mental Health Overview C. Kerkermeier</p>	<p>See attached slide</p>	
<p>School Sharing Reports</p>	<p>S. Aubin Valleyview</p> <ul style="list-style-type: none"> <li>• December 10<sup>th</sup> Cinnamon Bun Day (big hit).</li> <li>• Paint Day Grade 6 - \$10 per student. A local artist came in and did a guided paint session.</li> <li>• Make it Local March; 75 local businesses involved. 4000 tickets printed. Only 150-200 tickets left to sell.</li> <li>• Festival du Voyaguer- waiting for input from teachers.</li> <li>• Discussed the Pro Grant Proposal.</li> <li>• Future events – year end bbq, potentially another fun day planned.</li> </ul> <p>L. Burry Open Roads</p> <ul style="list-style-type: none"> <li>• December school council catered a holiday feast for the students.</li> <li>• Fundraising all on hold until Spring.</li> <li>• Looking for requests from teachers for ideas.</li> </ul> <p>T. Rundle Evergreen</p> <ul style="list-style-type: none"> <li>• Fundraising on hold.</li> <li>• Christmas event – families enjoyed a walk on the new bike trail that had activities to complete.</li> <li>• Family bbq planned for end of the school year.</li> </ul> <p>A. Brenner King George</p> <ul style="list-style-type: none"> <li>• Held a Christmas basket raffle.</li> <li>• Participated in an outside come-and-go event for the students and families.</li> <li>• Looking for requests from teachers for ideas.</li> </ul> <p>S. McMenemy Dryden High</p> <ul style="list-style-type: none"> <li>• Reviewed PRO grant.</li> </ul> <p>J. Malone Beaver Brae Secondary</p> <ul style="list-style-type: none"> <li>• Reviewed items that were talked about in the Parent/Council meetings at Beaver Brae.</li> <li>• In December provided a school wide breakfast.</li> </ul>	
<p>Trustee of the Board Update D. Head M. Guitard</p>	<ul style="list-style-type: none"> <li>• At the December Inaugural Board meeting trustees were given the list of the committees that they will participate in. Both D. Head and M. Guitard will continue to be involved in this committee.</li> <li>• Elected the executive – C. Marino Board Chair and Roger Griffiths in the co-chair</li> <li>• Ontario Public School Board Association will be holding a virtual symposium on January 28<sup>th</sup>, M, Guitard will be attending.</li> </ul>	
<p>Northwestern Ontario Health Unit Report C. Socholotuk</p>	<p><b>School vaccine clinics</b></p> <p>NWHU will begin offering Covid-19 vaccines in elementary schools over the coming weeks. The clinics will take place during school hours and students and staff can get a vaccine or booster dose. Students 5-11 <b>must</b> have a signed parent consent form to be vaccinated at school. School principals will share consent forms and dates if there are clinics planned for your child’s school.</p>	

	<p><b>School screening tool updates</b></p> <p>The school and child care screening tool has been updated for the return to school. Students must be screened daily before going to school. The screening tool will provide details if your child and household are required to isolate based on their symptoms. Note that only checking off one of the less frequent symptoms (for example, runny nose) results in 'do not go to school' and isolate for 24 hours, but the household is not required to isolate. Checking off one common symptom OR two or more less common symptoms results in 'do not go to school', isolation for 5 or 10 days, and the household is also required to isolate. Visit <a href="http://www.ontario.ca/exposed">www.ontario.ca/exposed</a> to see what to do next.</p> <p><b>Rapid tests</b></p> <p>If you have a rapid test and someone in your household tests positive go to <a href="http://www.ontario.ca/exposed">www.ontario.ca/exposed</a> to see what to do next. The NWHU does not distribute rapid tests.</p> <p><b>School nutrition programs</b></p> <p>With the return to in-person learning, student nutrition programs and nutrition on weekends programs can begin again! The Northern Fruit and Vegetable Program will begin in most schools the last week of January.</p> <p>Here is the link to the FAQ Fact Sheet regarding cases in schools - <a href="https://www2.nwhu.on.ca/wp-content/uploads/2022/01/Fact-Sheet-School-and-Childcare-FAQ-NEW-2022-01-17.pdf?x93579">https://www2.nwhu.on.ca/wp-content/uploads/2022/01/Fact-Sheet-School-and-Childcare-FAQ-NEW-2022-01-17.pdf?x93579</a></p>	
Correspondence	none	
New Business	none	
Next Meeting Date(s) / Suggested Agenda Items	April 11 <sup>th</sup>	
Adjournment	Meeting adjourned at 7:50 p.m.	

# Mental Health

@ Keewatin-Patricia District School Board



- [KPDSB Website](#)
- [Mentally Healthy Return to School Action Plan](#)
- [Need Support?](#) In School Mental Health Professionals
  - Student Counsellors \*2 New Positions
  - FIREFLY
  - NODIN
  - Mental Health and Addictions Nurses
- Students in Crisis
- [School Mental Health Resources](#)
- [Start Well](#)
- Facebook and Instagram [kpdsb\\_schools\\_mental\\_health](#)



Coping  
Strategies



Promotion



Community  
Partners



Anxiety



Referral  
Pathways