

# Ignace School and KPDSB



**proudly present:**



## HOCKEY CANADA SKILLS ACADEMY

*Our hockey academies are great programs for those students wanting to enhance their current skill set, and also provide an opportunity to introduce the game to students who are new to hockey and want to play for the first time.*

### **Goals and Objectives:**

- ◆ Learn about perseverance and resiliency
- ◆ Focus on skill building
- ◆ Promote a healthy lifestyle
- ◆ Improve skating/hockey skills

**Who:** Grade 3 —12

**When:** During the instructional school day (Offered as a high school Physical Education credit)

**Cost:** FREE

*The Hockey Canada Skills Academy is designed to challenge and inspire all students who participate. It is a complete program that includes a strong focus on academics, as well as on-ice skills, off-ice strength and conditioning, mental training, and personal and team development.*

**Volunteers are needed to assist students with tying skates**

**Donations of new or gently used equipment would be greatly appreciated**

**Questions: Contact Ignace School 934-2212**