

FALL PROTECTION PROGRAM

A fall arrest system is required if any risk exists that a worker may fall from an elevated position. Proper use of fall arrest systems can save lives and reduce the potential of serious injuries from a fall. All workers working in a personal lift or on ladders at heights where they could fall 3m (10 ft) must be trained and competent.

System Compatibility

The Keewatin-Patricia District School Board is currently using the full body harness designed for use with approved components. Substitution or replacement with non-approved component combinations may affect or interfere with safe function of each system, and may affect the reliability and safety of the total system.

Inspection

Inspect all lanyards and harness components and hardware for worn, damaged, or defective conditions each time it is used. Inspections should be conducted and completed as explained in the Fall Prevention Handbook. If any defects are found, **DO NOT USE THE FALL ARREST SYSTEM**, report it to your Area Supervisor.

Procedure

Please refer to the Fall Prevention Handbook

- any worker who uses a personal lift or works over three meters (ten feet) **must** wear the full body harness, shock absorbing harness and must identify hazards and preplan fall arrest
- worker must comply with all applicable legislation
- no work shall be conducted in a personal lift where the area is occupied by students unless a safe work zone is barricaded
- a co-worker or spotter must be available and including emergency operation procedures
- all fall arrest equipment must be checked and stored once the job is complete

Rescue Plan

Minimizing the time between a fall occurrence and medical attention of the injured worker is vitally important.

- before any work proceeds requiring fall arrest, a specific rescue plan must be put in place and communicated
- call 911 or pull fire alarm (if hooked up to central monitoring)
- apply first aid if necessary until help arrives